

# Bournbrook Varsity Practice Newsletter

Welcome to our Practice newsletter!



*This Edition:*

- COVID/Flu
- PPG
- Prescription Ordering Dept
- Additional Roles
- Staff Changes
- Contraceptive Options



## COVID AUTUMN BOOSTER AND SEASONAL FLU VACCINES



### Autumn COVID Boosters

- We will be working with **Harborne Medical Centre** again as we have done previously.
- As before, we will be working on the same cohorts as previously. Care home residents and staff first, along with housebound patients.

### Flu Season 2022/23

- Flu season is again upon us!
- Our vaccines are received at different times over the vaccination season so we create clinics according to this schedule.
- We will be prioritising at risk groups and invites are sent via SMS or letter to all eligible patients.

### Your PPG Needs YOU!

The PPG (Patient Participation Group) hold quarterly meetings and aims to act as the 'voice of patients', reflecting local views and opinions and thereby having a say in changes and decisions taken within the Practice.

If you would like to join, please leave your details with reception and we will be in touch.



### POD

We now have a Prescription Ordering Department. To order your medication please telephone **0121 468 0462** and speak to one of our team. Monday - Friday 8.30am-5.30pm. You can also still request repeat medication via the BSOL or other NHS App, 24 hours a day.



## Did you know that we offer a range of FREE Contraceptive Services?

- Pills
- Injections
- Implants
- Intrauterine Devices
- STI (including HIV) screening

Ask at Reception for more information and to book an appointment for any of these services.

If you're aged 16 or over and living in Birmingham or Solihull, you can request a free sexually transmitted infection (STI) self-sampling kit. You can use the kit to take your own samples at home and send them back to Umbrella. They'll then test your samples and let you know the results by phone or text message.

See what other services they offer at [umbrellahealth.co.uk](http://umbrellahealth.co.uk)



## Additional Roles

### Pharmacist

Adele Foskett-Edwards and Zohra Azizy

### Physician's Associate

Afrin Jaleel

### Paramedic

Nicola Snookes

### Musculoskeletal First Contact Practitioner

Scott Davie

### Health and Wellbeing Coach

Shannon Kang

### Mental Health Practitioner

Marlene Samuels

## Staff Updates

### Current GPs:

Dr Christina Allen – GP Partner  
Dr Matthew Swallow – GP Partner  
Dr Marie Philp  
Dr Helen Cole  
Dr Anjandeep Nijjar  
Dr Sameer Ali  
Dr Sarah Clarke  
Dr Jo Tatlock (joining in November)



### GP Registrars:

Dr Anita Chithiramohan (ST3)  
Dr Aisha Parveen (ST1)

### Management Team:

Emma Brelsforth – Practice Manager  
Emma Van Der Stam – Operations Manager  
Amy Green – Operations Assistant

### Nursing Team:

Sarah-Jane Turner – Practice Nurse  
Doris Emmanuel – Practice Nurse  
Nadia Khan – HCA  
Sheerina Morgan – New Practice Nurse



### Admin Team:

Sharon  
Sue  
Barbara  
Sabina  
Sarah  
Oliver  
Wendy  
Lara – Medical Secretary  
Karen – Data Operator



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